



PRODUCT CATALOGUE

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What is Ayurveda?

Ayurveda, a natural system of medicine, originated in India more than 3,000 years ago.



According to Ayurveda each person is unique, a combination of physical, mental and emotional characteristics which is his or her constitution. Many factors, both internal and external, can affect this constitution.



Ayurveda is based on a time-tested ancient tradition of knowledge from at least 5,000 years ago. "Ayur" means Life, and "Veda" means knowledge or Science – so Ayurveda is the knowledge or the Science of Life.



AYURVEDA

AYURVEDA IS A SANSKRIT WORD THAT MEANS "THE SCIENCE OF LIFE"

HERBAL SUPPLEMENTS

Herbal supplements are products derived from plants and their oils, roots, seeds, berries or flowers. Herbal supplements have been used for many centuries. They are believed to have healing properties.

A wooden mortar and pestle sits on a stone surface, surrounded by fresh green herbs and yellow flowers. The background is a soft-focus forest scene with sunlight filtering through the trees.

AYURVEDA

PRODUCTS

K-Artis

K-Artis Oil

K-Asmo

K-Bes

K-Cid

K-Derme

K-Derme Oil

K-Lax

K-Lite

K-Mem

K-Rhoids

K-Rin

K-Rol

K-Vigo

Boon For Women

K-Vita

K-Ges

K-Soothe Syrup with Honey

K-Ayutrim





K-ARTIS

RELIEVES JOINT PAINS AND STRAINS, ARTHITIC PAIN

K-ARTIS



K-Artis is a herbal combination that is designed to alleviate discomfort and reduce inflammation of the joints. This is a well-balanced composition of time tested authentic herbal ingredients.

K-Artis expels toxins and allergens that may contribute to inflammation and reduces excess fluid buildup. K-Artis contains herbs that help reduce degeneration of the joints and strengthens connective tissues and bones.

CAUSES:

- General "wear and tear" on joints.
- Accumulation of acidic and toxic waste.
- Damage that occurs within joints.

BENEFITS:

- Relieves the discomfort associated with joints.
- Reduces stiffness and improves functional capability.
- This product can be used for ease of comfort of Rheumatic origin (Arthritis & Joint pains).

Dosage: 2 Capsules 3 Times Daily





K-ARTIS OIL

RELIEVES JOINT PAINS AND STRAINS

K-ARTIS OIL



Provides relief from muscular strains, pains and body aches. The herbs and oils used in this formula have deep penetrating capacity right into the dermal layers, soothing the nerves and cells beneath the skin, resulting in fast action.

CAUSES:

Joint pains ■ Muscular strain ■ Arthritis
Neck and back pain ■ Headache

BENEFITS:

Provides prompt relief from:

Joint pains ■ Muscular strains
Rheumatoid arthritis ■ Osteo arthritis
Chronic inflammatory condition of joints
Headache

Usage: Apply K-Artis oil gently around the affected area





K-ASMO

HELPS IN RESPIRATORY PROBLEMS COUGH AND COLD

K-ASMO



K-Asmo is a herbal combination that provides nutritional support for the respiratory system, whose job is to neutralize and reject dust, pollen, pollutants and micro-organisms and keep them from harming the body's delicate tissues.

CAUSES:

Inhalation of industrial pollutants ● Exposure to cold
Intake of refrigerated foods and drinks ● Allergy to pollution, pollen, dust, etc.
Intake of allergic substances ● Smoking

BENEFITS:

Helps in relieving mild cough ● Facilitates expectoration
Clears respiratory congestion ● Restores normal breathing
Soothes sore throat
This product can be used for respiratory discomfort and cough



Dosage: 2 Capsules 3 Times Daily



K-BES

HELPS REGULATE BLOOD SUGAR LEVELS

K-BES



K-Bes is a herbal combination that is a very effective in controlling and reducing high blood sugar. K-Bes helps to reduce blood sugar levels, bringing about a balance in the metabolism in the body and restoring healthy blood sugar levels.

CAUSES:

Hereditary • Stress
Excessive consumption of sweets • High blood pressure
Diabetes that develops during pregnancy (gestational diabetes)

BENEFITS:

Helps in reduces blood sugar levels • Corrects the digestive system
Helps increase stamina and vitality. This product can be used for High Blood Sugar



Dosage: 3 Capsules 3 Times Daily



K-CID

RELIEVES HYPERACIDITY AND GERD

K-CID



K-Cid Ayurvedic capsules neutralize excess acidity, prevent heart burn and fecal ulcers.

K-Cid contains natural ingredients that are refrigerants, diuretic, carminative, stomachic, coolant, healers and helps in checking dyspepsia, flatulence and vomiting.

CAUSES:

Consumption of large meals • Excessive fatty and spicy foods
Over intake of tea and coffee • Smoking and alcohol consumption
Stress and hypertension

BENEFITS:

- K-CID neutralizes the stomach acid
- Is an excellent coolant and refrigerant
- Helps in checking dyspepsia
- Relieves from acid indigestion, upset stomach, sour stomach and heartburn
- Reduce gas pains (flatulence) and oligic acid
- Helps manage GERD (gastro-esophageal reflux disease)
- Treats Acid indigestion
- Indigestion that results from too much acid in the stomach
- Helps to cure Chronic ulcers

Dosage: 3 Capsules 3 Times Daily





K-DERME

HELPS IN ECZEMA, PSORIASIS AND OTHER SKIN DISORDERS

K-DERME



K-Derme is a herbal combination that provides nourishment to the body promoting healthy skin, as well as helping restore and balance the digestive and glandular system. K-Derme treats a variety of skin problems, improves digestion, strengthens the liver and eliminates wastes and toxins from the colon and the kidneys.

CAUSES:

Impurities in blood • Constipation
External skin infections & Over exposure to sunlight
Excess intake of spicy and sour foods

BENEFITS:

- Helps in skin allergies
- Cleans and detoxifies the body
- Provides astringent, antiseptic and anti-inflammatory properties
- Helps relieve itches and boils. This product can be used for Skin Problems

Dosage: 3 Capsules 3 Times Daily





K-DERME OIL

YOUR EXTRA PROTECTION AGAINST DANDRUFF

K-DERME OIL



K-Derme Oil is an Ayurvedic herbal formulation containing natural ingredients that protects you from dandruff, common skin allergies and other skin disorders. The herbs in K-Derme Oil have astringent, antiseptic and anti-inflammatory properties. K-Derme Oil penetrates your hair roots and removes the problems from the base.

CAUSES:

Excessive use of hair care products containing harsh chemicals.
Change in weather conditions. ■ tinea and seborrheic dermatitis.
fungal infection ■ stress, anxiety and worries.

BENEFITS:

- Effectively controls Dandruff
- wards off recurrence
- Reduces scalp itching
- Promotes healthy growth of hair
- Has astringent, antiseptic and anti-inflammatory properties

USAGE: Part your hair and apply the oil all over your scalp





K-LAX

PROVIDES RELIEF FROM CONSTIPATION

K-LAX



K-Lax contains *Cassia angustifolia*. It is an excellent laxative very powerful, used in the treatment of constipation, working through a stimulation of intestinal peristalsis.

CAUSES:

Poor dietary habits • Sedentary lifestyle
Stress and tension • Dehydration
Medications and bowel diseases

BENEFITS:

- Relieves Constipation
- Relieves Flatulence
- Helps Digestion
- Checks gas formation
- Cleanses and tones the intestines

DOSAGE: 2 Capsules Before bedtime with lukewarm water





K-LITE

LIVER TONIC

K-LITE



K-Lite is a herbal combination that tones and helps strengthen the liver function for better absorption and body detoxification. This product is a Liver Tonic.

CAUSES:

Abdominal infection ■ Infection in the blood ■ Immune system abnormality
Excess or frequent intake of medications ■ Parasites, viruses and genetic factors
Fat accumulation in the liver

BENEFITS:

- Enhance functions of the liver
- Cleans and detoxifies the body
- Strengthens the liver functions for better absorption
- Stimulates appetite

DOSAGE: 2 Capsules 3 Times Daily





K-MEM

STRESS BUSTER

K-MEM



Stress, anxiety, mental fatigue and toxins damage our nerve cells. K-Mem capsules are a unique herbal supplement based on the secrets of Ayurveda for stimulating and maintaining healthy brain functions and preventing/repairing the damage.

CAUSES:

Mental tension and stress ● Suppressed feeling and acute bitterness
Ageing ● Smoking ● Excessive alcohol consumption
Excessive intake of tea and coffee
Environmental factors like excessive cold, heat or change of environment

BENEFITS:

- Increases mental alertness.
- Helps reduce stress levels.
- Enhances learning and academic performance.
- Calms the mind and promotes relaxation.
- Improves memory and mental clarity.
- Decreases anxiety and restlessness.

DOSAGE: 2 Capsules 3 Times Daily





K-RHOIDS

PROVIDES PROMPT RELIEF FROM HEMORRHOIDS

K-RHOIDS



K-Rhoids is a herbal combination that helps to provide prompt relief in piles, hemorrhoids such as pain, bleeding, itching heaviness and tensive rectal prolapse, number of hemorrhoidal-cushions and recurrences. Increases the rate of wound- healing.

The mechanisms of action include anti- inflammatory, anti- nociceptive, vaso- tonic and vaso- protective activities, or even stool softening by absorption of water.

CAUSES:

Chronic constipation • Increased pressure in the veins of the anus
Sluggish liver • Excess intake of spicy foods & food allergy
Emotional stress

BENEFITS:

- Provides prompt relief in hemorrhoids
- Helps to relieve bleeding
- Helps to relieve itching, burning and local discomfort
- Helps shrinkage of swollen tissue
- Provides cooling effect
- Assists digestion

DOSAGE: 2 Capsules 3 Times Daily





K-RIN

TREATS URINARY TRACT INFECTIONS, HELPS IN KIDNEY & PROSTATE PROBLEMS

K-RIN



K-Rin is a herbal combination that is highly recommended to remove build of toxins in the body caused due to metabolism of natural chemicals in the case of Urinary Tract disorders. This product can be used for Urinary Tract Disorders.

CAUSES:

Liver problems & urinary tract infections
Increase in blood urea
Injury surrounding the kidney

BENEFITS:

- Improves diuretic activity
- Is antiseptic, anti-inflammatory
- Increases the flow of urine and speeds up the secretory process

DOSAGE: 2 Capsules 3 Times Daily





K-ROL

HELPS REGULATE CHOLESTEROL LEVELS

K-ROL



Cholesterol is a waxy, fat-like substance found in every cell of the body. It helps digest fats, strengthen cell membranes and produces hormones.

Although cholesterol serves many important functions in the body, too much cholesterol in the blood can be dangerous. When blood cholesterol reaches high levels, it builds on artery walls increasing risks of blood clots, heart attacks and strokes.

CAUSES:

- Malfunctioning of liver
- Excessive intake of junk food
- Improper dietary habits
- Smoking and stress
- Excessive alcohol consumption

BENEFITS:

K-ROL WORKS ON HIGH CHOLESTEROL BY

- Breaking down the bad cholesterol
- Improving the blood circulation
- Acting as a cardiac tonic
- Rejuvenating and restoring the functioning of the liver

Dosage: 2 Capsules 3 Times Daily





K-VIGO

A POTENT TONIC FOR MEN

K-VIGO



K-vigo is a unique blend of rejuvenating and revitalizing adaptogenic aphrodisiac herbs that are documented to improve vitality and vigor in men. Men require a range of herbal ingredients in their diet since their physiological needs differ, recommends Ayurveda.

K-vigo promotes strength, vigor and vitality, increase sperm count, helps in general weakness, aging and stress induced disorders.

CAUSES:

- High levels of physical & mental stress
- Exotic work hours
- Dropping testosterone levels due to ageing
- Diabetes
- High blood pressures

BENEFITS:

- Improves general metabolic activity
- Ensures normal sleep
- Relieves different age-related symptoms
- Promotes stamina, vigor, semen and a sense of well-being
- Improves resistance against infections
- Increases physical work capacity
- Improves endurance, tolerance and compatibility during stressful states
- Increases sperm count

Dosage: 3 Capsules 3 Times Daily



Ashwagandha





BOON FOR WOMEN

KEEPS THEM HEALTHY AND ENERGETIC

BOON FOR WOMEN



In Ayurveda [the 5000+ year old ancient medical approach] Woman is considered to be "Shakti", the Mother and Source of creation, in whose lap all of civilization is cradled.

When we speak about "Women's Health" we understand that this encompasses many different issues during the different stages of her life. Every woman goes through a series of profound changes during her lifetime. Heavy Work, Modern Life Style contrary to nature, Restlessness, Urinary tract Infections, Stress, Hormonal imbalance, Irregular Menstrual cycle, lack of time to care for self are the basic reasons for many ailments that today's women come across. Only healthy women can make a family prosper.

K-VITA

K-vita is a proven herbal tonic that rejuvenates the system, enhances beauty and improves vitality. It stimulates digestive process, promotes luster and glow to the complexion.

- Promotes strength and vigor
- Balances the hormones
- Its anti-oxidant properties delay the aging process
- Helps in general weakness
- Improves resistance against infections

K-RIN

K-rin is a herbal combination that is highly recommended to remove build of toxins in the body caused due to metabolism of natural chemicals in the case of Urinary Tract Disorders.

- Helps in the treatment of dysuria, cystitis and crystalluria
- Acts as a urinary antiseptic and relieves inflammation
- Helps in maintenance of sexual health and vitality
- Clears the urinary tract infection

BOON FOR WOMEN Keeps them healthy and energetic

Dosage/Adults:

K-RIN – 2 capsules 2 times daily

K-VITA – 2 capsules 3 times daily





K-VITA

BOOSTS STRENGTH AND VITALITY IN WOMEN

K-VITA



K-Vita is a proven herbal tonic that rejuvenates the system, enhances beauty and improves vitality. It stimulates the digestive process, promotes luster and glow to the complexion. K-Vita is a herbal combination that is a safe, gentle and comprehensive tonic specially formulated for women.

It is a balanced combination of herbal ingredients that are tonics, refrigerants, aphrodisiac, diuretic, astringent etc. It is an energizing and rejuvenating tonic that improves general metabolic activity. It provides relief in genito-urinary diseases and also improves resistance against infections.

CAUSES:

- Excessive physical and mental stress.
- Hormonal imbalances.
- Irregular dietary habits.
- Onset of menopause.

BENEFITS:

- Promotes strength and vigor
- It's anti-oxidant properties delay the aging process
- Helps in general weakness
- Helps in debility, aging and stress induced disorders
- Improves resistance against infections
- Helps in genito-urinary diseases, menorrhagia and leucorrhoea

Dosage: 2 Capsules 3 Times Daily





Ayu SOOTHE

SYRUP WITH HONEY

FOR SORE AND ITCHY THROAT

Ayu SOOTHE

SYRUP WITH HONEY



1. Provides soothing relief from sore and itchy throat.
2. Fast acting.
3. Non- Drowsy formulation that combats coughing.

Ayu- soothe contains Natural Honey in combination with herbs like Adhatoda vasica, Glycyrrhiza glabra, Cuminum sanctum, Zingiber officinale, Curcuma longa and Mentha arvensis, which act as an excellent syrup for soothing sore throat and clearing the irritating mucus from the throat.

How does Ayu-soothe provides a soothing layer, easing the irritation usually caused by coughing?

- Ayu-soothe provides a soothing layer, easing the irritation usually caused by coughing
- A natural formulation pertaining antioxidant and antimicrobial properties that help in respiratory ailments.
- Sweetness of the honey likely changes the sensitivity of sensory fibres, thus improves an interaction between the sensory nerves locally and the central nervous system regulating the mechanism of cough, thus reduces the episodes of coughing.
- Ayu-soothe coats the throat and triggers the swallowing mechanism, reducing pain and inflammation.

Dosage:

For Adults – 10ml two times daily / For Children – 5ml two times daily





K-GES

HELP IN DIGESTION AND RELIEVES GAS

K-GES



Indigestion is commonly used to describe discomfort of the gastrointestinal tract associated with eating, drinking or smoking. Enhances absorption of most nutrients into the small intestine. K-Ges contains enzymes, that help in the process of digestion and relieves gas.

CAUSES:

- Poor dietary habits
- Stress and depression
- Irregular meal timings
- Sleeping immediately after a heavy dinner
- Smoking
- Alcohol consumption

BENEFITS:

- Relieves colic and flatulence
- Has antispasmodic action
- Improves appetite and digestion
- Is a valued carminative
- Helps in gaseous distention

DOSAGE: 2 Capsules 3 Times Daily





K-AYUTRIM

HELPS IN SHEDDING THOSE EXTRA POUNDS

K-AYUTRIM



Maintaining a slim physique, staying physically fit and feeling youthful involves a combination of following a nutritious diet, engaging in regular physical activity, ensuring adequate rest, and making positive lifestyle choices.

Here is K-Ayutrim capsules to help you achieve and maintain your fitness goals.

OBESITY SYMPTOMS:

- Excess fat deposition in various parts of body like abdomen, buttocks, thighs, chest, around neck & chin
- Feeling of breathlessness
- Hypertension
- Diabetes
- Pain in joints of lower limbs

K-AYUTRIM CAPSULES CONTAINS EXTRACTS OF:

COMMIPHORA MUKUL EXTRACT (GUGGUL):

- Aids in weight loss
- Boost metabolism and helps in burning calories more efficiently
- Possess thermogenic properties, which means it can generate heat in the body and increase fat burning



K-AYUTRIM



GARCINIA CAMBOGIA EXTRACT (KOKUM):

- Assists in weight loss by blocking the conversion of sugars and starches into fats, thus helps restrain fat production
- Suppresses appetite by raising levels of certain brain chemicals such as serotonin, a key stimulator of appetite

ALLIUM SATIVUM EXTRACT (GARLIC):

- Improves the immune system
- Helps in burning belly fat and detoxification

TRIKATU IS A COMBINATION OF THREE HERBS I.E. PIPER LONGUM, PIPER NIGRUM & ZINGIBER OFFICINALE (LONG PEPPER, BLACK PEPPER & GINGER):

- Trikatu is considered to assist weight loss by maximizing metabolism along with balancing blood-glucose to decrease food-cravings.
- It is a natural appetite suppressant.

K-Ayutrim Capsules works to manage body weight in the following manner:

- It suppresses the appetite, thereby reduces the intake of fats and carbohydrates
- It leads to optimal utilization of nutrients
- Stops the making of fats, preventing them from piling up in your body
- Prevents the water retention in the body

K-AYUTRIM



K-Ayutrim

should be taken with a reduced (low) calorie diet + K-Lax on daily basis.

WHY K-LAX?



When the colon is lined with mucus and solid waste, your whole digestive and waste removal system slows down. After cleansing your colon, you will experience an increase in both endurance as well as energy. This will help you in achieving the exercise and workout related goals of your fitness program, helping

K-Ayutrim

to work for you effectively and you lose weight faster.

For maximum benefit K-Ayutrim

should be taken along with a reduced calorie diet and 45 mins. to 1 hour of moderate physical activity 3-4 times a week.



K-AYUTRIM



- Drink at least 8-10 glasses of water daily
- Increase the amount of fresh fruits, vegetables and salads in your diet
- Cut down on sweets, fried foods, carbonated drinks and alcoholic beverages
- Don't feel frustrated and give up halfway. Keep at it
- K-Ayutrim to help you. You should start seeing results in 2-3 weeks, allow atleast 3 months for full benefits

K-AYUTRIM DOSAGE:

2 capsules 2 times a day

To add to its efficacy you should take along with K-Lax

K-LAX DOSAGE:

2 capsules before retiring at night





K-LINK
INDIA

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