

K-Vita

Tonic For Women

K-vita is a proven herbal tonic that rejuvenates the system, enhances beauty and improves vitality. It Stimulates digestive process, promotes luster and glow to the complexion.



Causes:

- ★ Feeling weak
- ★ Fatigued
- ★ Excess indulgence in Sex
- ★ Loss of appetite
- ★ Excessive physical and mental stress

Symptoms:

- ★ Fatigue
- ★ Feeling exhausted and tired
- ★ Loss of Sexual desire
- ★ Loss of weight and energy

Treatment – Ayurvedic approach:

- ★ Use of natural, energizing and rejuvenating herbs
- ★ Improve general metabolic activity
- ★ Promote health and Vigor
- ★ Ensure normal sleep

K-vita is a herbal combination that is safe, gentle and comprehensive tonic specially formulated for women. It is a balanced combination of herbal ingredients that are tonics, refrigerants, aphrodisiac, diuretic, astringent, etc. It is an energizing and rejuvenating tonic that improves general metabolic activity. It provides relief in genitor-urinary diseases and also improves resistance against infections.

Ingredients:

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|-------------------------------------|---|
| ➤ Mucuna Prurita Extract | ➤ Oxytoxic |
| ➤ Saraca Indica Extract | ➤ Uterine Tonic |
| ➤ Symplocos Paniculata Extract | ➤ Arrests Uterine haemorrhages and abnormal secretion |
| ➤ Glycyrrhiza Glabra | ➤ Prevents inflammation of the Vagina |
| ➤ Sida Cordifolia Seeds Extract | ➤ Promotes fertility |
| ➤ Withania Somnifera Extract | |
| ➤ Asparagus Racemosus Extract | |
| ➤ Asparagus Adscensens | |
| ➤ Emblica Officinale | |
| ➤ Tinospora Cordifolia | |
| ➤ Praval Bhasma | |
| ➤ Mandur Bhasma | |
| ➤ Pueraria Tuberosa Extract | |
| ➤ Leptadenia Raticulata Extract | |
| ➤ Convolvulus Pluricaluluis Extract | |
| ➤ Mesua Ferrea | |
| ➤ Commiphora Myrrha | |

K-vita is recommended for the following Indications:

- Tonic for women
- General Weakness
- Leucorrhoea
- Menorrhagia
- Profuge Mensuration
- Excessive uterine bleeding & inflammation, other menstrual disorders
- Mental Stress

Mechanism of Action:

- Tonic
- Rejuvenator

K-vita

- Promotes Strength and Vigor
- It's anti-oxidant properties delay the ageing process
- Helps in general weakness
- Helps in debility, ageing and stress induced disorders
- Improves resistance against infections
- Helps in genito-urinary diseases, menorrhagia and leucorrhoea



Dosage: 2 Capsules three times daily.

Contra-indications : None.

Adverse Effects: None.

Storage Conditions: Store below 25°C and relative humidity 50-60%.

Not to be exposed to high temperature. Keep out of reach of children.

Recommended products combination:

➤ K-vita + K-lite

Preventive vs Curative

General:

- One of the major on-going debates about the approach to healthcare and medicine is whether the emphasis should be "Curative" or "Preventive". While it is true that the Curative approach is totally unavoidable – that is because when we become ill, the symptoms have to be treated there is a large body of opinion that favors a great focus on aspects of health care that is preventative.
- To understand this very simply, the following points need to be considered:
- When we become ill, we immediately go to the doctor whose first objective is to try and stabilize or make the patient comfortable. The doctor will do this by treating the pain or the physical manifestation of the problem at hand.
- Most good doctors would then probe the cause of the problem and then attempt to cure that problem, if it is within the known science to cure such a problem.
- Sadly, there are illnesses for which there is no known cure and there are illnesses for which the curing period is very lengthy and often very expensive.
- Consequently, the curative approach does not provide any guarantee that the problem will not re-appear and the patient will once again have to treat the symptoms and repeat the whole process.
- Obviously this could become very frustrating, painful and very expensive, depending on the type and intensity of the illness.
- In addition, the medication that may be required for a particular illness could once again be associated with possible side effects which may or may not be overcome by the patients depending on the patient's allergies.

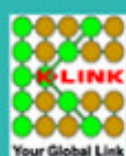
The Ayurveda Approach:

It must be noted that the Ayurvedic approach is considered by some as an adjunct or simply explained, as going hand in hand with the medical approach. However the majority users of Ayurvedic 'medicine' believe that the traditional nature of this approach coupled with its proven success over many centuries makes it the best and only form of preventative health care. The following points are some of the main considerations that illustrate the differing approach of ayurveda and the reasons why it has been acknowledged as the foremost practice of preventative 'medicine' known.

- As a start and perhaps one of the most compelling reason for its popularity is the fact that there are no side effects with the use of Ayurvedic 'medicine'. However for maximum benefit the dosage instructions and dietary advice must be strictly adhered to.
- The main distinguishing factor of the Ayurvedic approach is that it advocates that this form of 'medication' must become part of a 'lifestyle' approach. To explain this in another way when we get

into our car, we strap on the seat belts. This is not done because of we are deliberately going to crash into some other vehicle or become involved in some accident, but it is done because it provides a safety feature that in the event that there is an accident, one is protected from serious injury. Similarly, the regular usage of Ayurvedic products provides the best barrier and safety protection against most types of illness.

- As explained earlier, tradition plays a major role in the usage, application, faith and eventual efficacy of the products. That is why Ayurvedic 'medicine' has to become a way of life – a way of life that is not life threatening but extremely re-assuring.
- Many users of this form of 'medicine' combine it with a sincere element of spirituality and a firm belief in the 'Hand of God' as part of the healing process. This is a powerful aspect of the Ayurvedic approach and explains some of the mystic nature of the 'medicine'.



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