



K-FLAX

PURIFIED FLAX SEED OIL



Wherever flax seed becomes a regular food item among the people, there will be better health.

- Mahatma Gandhi



Our current diet do not come close to meet our daily EFA (essential fatty acids) requirements. The richest sources of EFA's such as flax seeds, are rarely found in our regular meals. Our typical diet which is devoid of the EFA's (Essential Fatty Acids) which our body require, but cannot be synthesized by the body from other fats or trans fats. The EFA's in K-Flax will be incorporated by the body in the formation of the cell membrane which will act as gate keeper to bring the nutrients in and to keep the toxins out of the cells.

What is Flax Seed?

Flax seeds are a great source of fiber, lignans, protein, fat, vitamins, and minerals. Flax is a yellow flowering plants that is grown for its oil rich seeds. This natural oil is highly recommended for the general well being and whole body nutrition and is considered to be nature's richest source of Omega-3 fatty acids that are required for the health of almost all body systems.

Flax Seed Oil contains Omega-3 and Omega-6 essential fatty acids, E vitamins, potassium, lecithin, magnesium, fiber, protein, and zinc.

Nutritionists, researchers, and scientists believe that Flax seed oil is the most important health-promoting supplement which is in K-Flax. Nearly every system in the body can benefit from flax seed oil's natural properties, including the cardiovascular system, immune system, circulatory system, reproductive system, nervous system, as well as joints.

The protein in flax seeds is easily digested and contains all the amino acids needed for building a strong body. They also contain a special fiber called mucilage, this fiber in flax acts as a broom sweeping the colon of toxic material, metabolic waste and dried mucus. Mucilage helps stabilize blood sugar levels, and is a natural laxative. Flax fiber is an excellent food for friendly bacteria in the intestine, which keeps disease-causing organisms in check.

Flax seed contains lignans that have anti-viral, anti-bacterial, anti-fungal properties. Flax seeds have the richest source of lignans, 100 times more than the next best source, wheat bran. Lignans have antioxidant properties.



K-Flax is Flax seed oil, purified and standardized and stabilized to 75% Alpha Linolenic Acid (Omega 3). It also contain approximately 10% of LA (Linoleic Acid - Omega 6) and the third claimed ingredient is Natural Source Vitamin E. Vitamin E is a very potent natural fat soluble antioxidant, which will maintain the stability of the active ingredients, which will also protect the cells from oxidative damage. Body cannot manufacture these fatty acids and these need to be obtained from diet or supplements. Many people do not obtain adequate amount of essential fatty acid Alpha Linolenic Acid. The products are manufactured by an ISO 9001 : 2000, GMP Company.

Flax seed oil in K-Flax is also a powerful detoxifying agent.

Vitamins and Minerals

The vitamins and minerals found in flax seeds are zinc, iron, vitamin E, carotene, B-group vitamins, magnesium, calcium, sulfur, potassium, phosphorous, manganese, silicon, copper, nickel, molybdenum, chromium, and cobalt

What are the Benefits of Supplementing with Flax Seed Oil?

- Flax Seed Oil increases the body's production of energy and also increases stamina.
- It eases weight loss in people afflicted with obesity.
- It stimulates brown fat cells and increases the metabolic rate making it easier to burn off fat.
- Flax Seed Oil improves the absorption of Calcium.
- Fax Seed Oil helps in optimum development of brain.
- Flax Seed Oil strengthens finger and toe nails.
- It can improve eyesight and perception of colours.
- It may improve the function of the liver.
- It may be helpful in the treatment of Dandruff and also dull hair.
- It can alleviate some allergies.
- Flax Seed Oil may be useful for some cases of depression.
- It can improve the mental function of many old age pensioners.
- Flax Seed Oil may help in the healing of sprains.
- It can relieve some cases of Premenstrual Syndrome (PMS)in females.

Contents of K-FLAX	
OIL	Content
Alpha Linolenic Acid (ALA)	350mg
Linoleic Acid (FA)	50mg
Vitamin E	25mg

Flax Seed Oil takes a bit of time to be absorbed into the body before the full beneficial effects begin, it may range anywhere between a few days to as many as six weeks, depending on your overall well-being.

Caution :

If pregnant, nursing or under medication, consult your physician before using this product.

Usage

Adult - 2 - 3 soft gels per day
Children - 1 - 2 soft gels per day

Disclaimer :

This product is not intended to diagnose, treat, cure or prevent any diseases.

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