

K-ESLIMA

Sliming Capsules

AYURVEDIC SECRET OF WEIGHT LOSS

K-ESLIMA is effective in:

- Shedding those extra pounds
- Increasing the BMR (Basal Metabolic Rate)
- Maintenance of the weight loss

K-Link has launched this super Ayurvedic formulation which includes herbs like :

Commiphora Mukul Extract :

- Removes the deposited fat
- Restricts fat accumulation

Garcinia Cambogia Extract :

- Assists in weight loss by blocking the conversion of sugars and starches into fats, thus restraining fat production
- Suppresses appetite by raising levels of certain brain chemicals such as serotonin, a key stimulator of appetite

Trikatu (a combination of three herbs): Long Pepper, Black Pepper and Ginger

- It assists weight loss by maximizing metabolism
- It is a natural appetite suppressant... also helpful in Indigestion

K-ESLIMA manages body weight as follows :

1. It suppress the appetite: reduces the intake of fats and carbohydrates
2. It leads to optimal utilization of nutrients
3. It helps avoid fat accumulation in the body
4. Prevents water retention in the body



K-ESlima should be taken with a reduced (light) calorie diet + **K-Lax** on daily basis

Why K-Lax?

When the colon is lined with mucus and solid waste, your whole digestive and waste removal system slows down. After cleansing your colon, you will experience an increase in both endurance as well as energy. This will help you in achieving the exercise and workout related goals of your fitness program, helping **K-ESlima** to make you lose weight faster.

For maximum benefit K-ESlima should be taken along with :

- A reduced calorie diet
- 45 mins. of moderate physical activity 3-4 times a week
- Small, frequent meals. Dinner should be the lightest meal
- At least 8 -10 glasses of water daily
- Fresh fruits, vegetables and salads in your diet
- Reduction in sweets, fried foods, ghee, cheese and high fat foods

K-ESlima Dosage: 2 capsules three times a day as under:

1st Dose : 2 capsules 15 minutes before breakfast with 500ml of room temperature water

2nd Dose : 2 capsules 15 minutes before lunch with 500ml of room temperature water

3rd Dose : 2 capsules 15 minutes before dinner with 500ml of room temperature water

To add to its efficacy, take **K-ESlima** along with **K-Lax**.

K-Lax Dosage: 2 capsules before retiring at night

Note: After achieving the desired weight loss, you may reduce the dosage to a maintenance dosage of 2 capsules twice a day.

- Do not feel frustrated and give up halfway. Keep at it
 - Help **K-ESlima** to help you. You will start seeing results in 2-3 weeks.
- Allow at least 3 months for full benefits



K-LINK Healthcare (India) Pvt Ltd

Door No. 103 A, 7th floor, NAVIN'S PRESIDUM,
Nelson Manickam Road, Aminjikarai
Chennai - 600 029.
Ph: 044-42939898.

Your Global Link E-mail: customercare@klinkindia.in Website: www.klinkindia.in